



A PUBLICATION OF THE JEWISH FEDERATION OF GREATER CHATTANOOGA



## Shana Tova



### In This Issue

- Israel Policy Forum - Page 2
- History of Jewish Hate - Page 7
- Israel Trip - Page 13
- October 7th Vigil - Back Cover



## FROM THE EXECUTIVE DIRECTOR

### *Making The World A Better Place*

This will be an unusual month at the Federation with all of the Jewish high holidays falling in October this year. The holidays are "late" – although the running joke is that the holidays are either early or late, never "on time".

Oct. 7 will mark the one-year anniversary since Israel was violently attacked – 1,200 murdered and 250+ kidnapped. We've witnessed an ongoing war, and Israelis displaced near Gaza and Lebanon. Time has both flown by yet also stood still. The Jewish community was rocked to its core that day. In the following weeks and months, antisemitism grew exponentially, both in volume and intensity. In the spring we saw uprisings on college campuses. It's been a dark and challenging time as Jews and Jewish communities face this growing hate, many times feeling isolated from the rest of society. Our Jewish clocks have been reset to pre-Oct. 7 and post-Oct. 7. That's our new reality.

This year Oct. 7 falls between Rosh HaShanah and Yom Kippur, a time of year filled with deep reflection. We will all have a heavier heart as we look back at the past 365 days, a war in Israel, hostages in captivity, and a Jewish world on edge. It has been one year since our sense of safety was shattered, our world broken.

With the leadership of the Federation's Israel committee, we felt strongly that the Jewish community must acknowledge this one-year anniversary. The event must be solemn and public. As a Jewish community we need to wrap ourselves around each other, giving each other a hug, while also welcoming our non-Jewish friends to share their warmth and love with us as well.

The community is invited to a memorial and vigil – Monday, Oct. 7 – at Miller Park. We will light 1,200 candles from 5:30 p.m. to 6:00 p.m. with a short memorial program beginning at 6:00 p.m. We will acknowledge, we will cry, and we will mourn. But we will also remind ourselves to persevere, to be strong, and to be proud of our Judaism. We will ensure our Jewish lives are safe and secure, today and for future generations. We will have a deeper resolve to fight against antisemitism and hate, to continue building friendships throughout the community and to act for the betterment of Tikkun Olam, making this world a better place.

I encourage you to join the community in commemorating this important event.

*Michael Dzik*

**Michael Dzik**

mdzik@jewishchattanooga.com

893-5443

---

# ISRAEL POLICY FORUM

---

FOR A SECURE, JEWISH, DEMOCRATIC ISRAEL

6-Week online class  
90 minutes per session

Thursdays – at Noon  
November 7, 14, 21; December 5, 12, 19

No cost to attend.

For more information, please contact Ann Treadwell at [atreadwell@jewishchattanooga.com](mailto:atreadwell@jewishchattanooga.com)



## FROM THE BOARD CHAIR

**Kenneth Goldsmith** kenneth.goldsmith@gmail.com

### *Shared Paths, Different Journeys*

Not long ago, I had the privilege of participating in a student's doctoral dissertation defense. Her research focused on academic crisis communications, and during her defense, she spoke passionately about her work in Palestine (University of Bethlehem). She mentioned the occupation of the West Bank, framing the political context in which her academic institution operated. As I listened, I felt compelled to step in and remind her that it was inappropriate to introduce politics into a study of this nature. Research, I advised, needed to remain neutral and focused on the academic question being researched.

Yet, as I reflect on that moment, I realize that for her, separating the personal from the political may not be so simple. In a subsequent conversation, I learned that her parents were living in Hebron when Israel was founded, and they became displaced after the 1948 Arab-Israeli war. For her, working in the West Bank was intertwined with the political and physical realities of the ongoing conflict in the region and the impact it has had on her family.

In contrast, my path has been markedly different. I was born in America, to parents who grew up in Brooklyn. My grandparents fled the pogroms in "White Russia", seeking refuge in a country where they could build a new life. They arrived in New York with little more than hope, and Brooklyn became their haven.

But there's another side to this story, one that is not defined by conflict and division. Despite our different histories, we both work in higher education, driven by a shared commitment to learning and teaching. Academia has provided us with common ground, a place where we can engage in the exchange of ideas, and where our diverse perspectives only enrich the conversations we have. To that end, after she successfully defended her dissertation, I recommended her for a part-time faculty position at the University where I was working as her Dissertation Defense Chair.

It's this shared space of education that allows us to bridge our differences. In many ways, higher education has been the great equalizer in our lives. My colleague's work is a testament to the resilience of Palestinian academics who continue to operate

under challenging circumstances. And for me, it's a reminder of how education can provide a path forward, no matter the obstacles in one's way.

As we continue our work in higher education, I hope that our story can serve as a reminder that it is possible to build bridges between people of different backgrounds. By focusing on what unites us, we can create spaces for dialogue, learning, and, perhaps, healing.



הסוכנות היהודית  
THE JEWISH AGENCY  
FOR ISRAEL

Partnership2Gether  
GLOBAL NETWORK  
Hadera - Eiron Region  
Southeast US - Czech Republic

### **Local2Global (L2G)** Local Connections, Global Impact



P2G Hadera-Eiron invites you to embark on a journey that transcends borders, fosters deep connections, and ignites a love for learning and culture.

- Get matched with an Israeli partner
- Build an authentic, three-dimensional relationship with Israel
- Deepen your connection with other Jews across the Southeast & the Czech Republic

★ Open to ages 35+

★ The program begins in Mid-November 2024 and will run for six months through April 2025

"My friendship with my Israeli counterpart is the best part! I feel connected to her and significantly more connected to Israel."

Program Alumni 2022

More information and registration [HERE](#)



## CAMPAIGN CO-CHAIR

Amy Boulware

### Many Different Reasons For Giving

I have told Michael Dzik many times throughout our working relationship that I hate asking people for money. I don't even like asking someone who owes me money to give it back. It is something that has always made me uncomfortable. So how in the heck was I tapped to be the co-chair of the campaign and why did I say yes?

I hate asking for money, but I love telling a story! Michael and I have been a great pair at doing that for many years. He always told me that I could talk, and he would do the ask. Anyone who knows me, knows that I have no problem talking and telling a story.

During our recent kickoff event on September 8th those of you who were there heard an amazing story. Alina Spaulding shared with us her family's journey from Soviet Russia to the United States and how dollars raised by Federations just like ours helped her and her family not only survive but thrive.

People have many different reasons for giving. Some give because they want to help others, some because it is their family or religious tradition, and others want to make the community a better place. Some people

give just because they are asked. What the donors to the Jewish Federation's campaign know is that we are touching people locally and internationally and providing them with the needed funds and services that address critical needs in our community.

At the Kickoff event, Alison Lebovitz told us a wonderful statistic about our local Jewish community and its capacity to give. Alison informed us that Chattanooga had the largest percentage of our community who donated to the Federation compared to other communities. 62% of our community participates in the Federation's annual campaign! That just confirms what I have always known... Chattanooga is a giving community. Please consider increasing your gift this year. If you've never given to the Federation in the past, make this year the year. Can you give up one Starbucks coffee each week and donate that amount to the Federation? Can you give \$1 a day? Every gift matters; every gift is important. If you need to hear a story about why it is important to give....just give me a call. As I said earlier, I enjoy talking and telling a story – especially about the work of our Jewish Federation.

### 2025 ANNUAL CAMPAIGN KICK-OFF WITH KEYNOTE SPEAKER ALINA SPAULDING





## JEWISH FEDERATION NURSE

Dawn Hildebrand, RN, BSN nurse@jewishchattanooga.com

### Musculoskeletal and Endocrine Systems

We have looked at three body systems so far in our recent Shofar articles: The Cardiovascular, Nervous, and Respiratory Systems. This month we will take a short look at the Musculoskeletal and Endocrine Systems. The Musculoskeletal is made up of the muscular and skeletal systems (thus the name). The combined system constitutes about 1/2 of our body weight, and there are more than 600 muscles and exactly 206 bones in our bodies. Muscles provide almost 85% of total heat in your body, and they work in pairs as one contracts, the other one relaxes. We all have three types of muscles: smooth, cardiac, and skeletal. If you remember from the previous articles, we don't have control over smooth and cardiac muscle because they are automatic. Skeletal muscles are controlled by you. Your brain can tell your arm, hand, foot, leg, torso, or head to move. Humans are much more than machines, and we can actively be involved in so many activities whether we move slowly or quickly.

The skeleton is composed of bones, tendons, ligaments, and cartilage with muscles attached to it. Our skeletons give the human body its shape and hold our organs in place as it is an anchor for all tissues connected to it. It helps us move, and it stores minerals like Vitamin D and calcium. The bones are home to bone marrow which produces red and white blood cells. When you are out in the stores this October take note of the many plastic skeletons being sold for Halloween décor, and think about how the skeleton inside your skin looks like that and contemplate the many jobs that it has for every movement that you make.

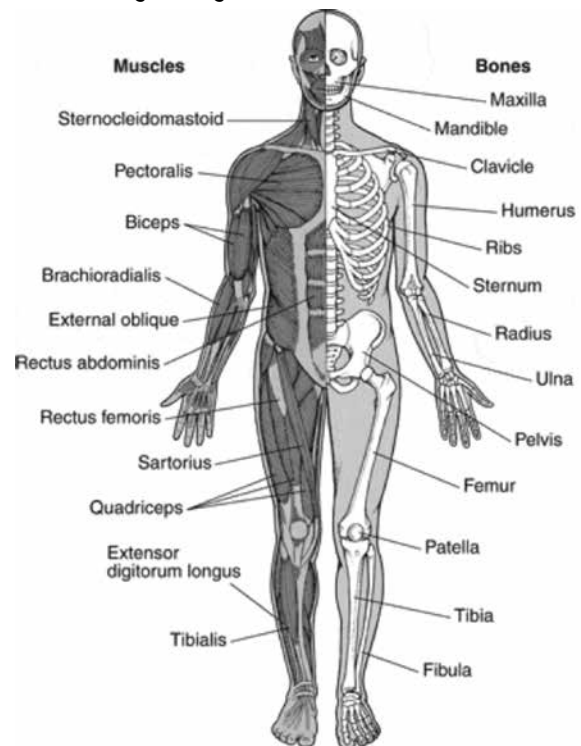
Musculoskeletal diseases are the leading cause of disabilities in America. Some of these include osteoporosis, arthritis, bone and joint problems, cancer, and bone fractures. Many of us may know from experience that after breaking a bone, it usually takes 6-12 weeks to heal. After we learn about the Endocrine system, we will once again review the steps we can take to have better Musculoskeletal and Endocrine health.

The Endocrine Structure is a communication network somewhat like the nervous system. Instead of using electrical impulses, it uses chemical messengers called hormones that travel from glands and organs by way of the circulatory system to affect target organs. There are more than 50 hormones that are used to control and coordinate body metabolism, energy, reproduction, sexual function, sleep-wake cycle, response to stress, mood, and overall homeostasis (or a state of balance to function properly and survive). The organs and glands that contribute are the hypothalamus, pineal body, pituitary, thyroid and parathyroid, thymus, adrenal gland, pancreas, ovaries, and testes. Diseases of the Endocrine System include, but are not limited to, Diabetes Mellitus; Endocrine

Cancers and tumors; Thyroid Disease (Hypo and Hyper); Sexual Development and sexual function and reproductive conditions; and calcium and bone conditions such as osteoporosis. Diabetes was the 8th leading cause of death in America in 2021. Endocrine disorders are sometimes difficult to understand since we don't necessarily feel or see the effects of the hormones. Symptoms can often mimic those of other conditions and can be a mixed picture of hypo- and hyper-hormone secretions with complex treatment plans.

This is just a short overview of these systems. I hope we can learn from our body systems' articles that they all converge on the same recommended tips for staying as healthy as possible. We will repeat them yet again. Try to maintain a healthy weight. Exercise regularly. Eat a healthy diet containing good nutrition with fruits, vegetables, whole grains, and lean proteins. Get plenty of quality sleep. Limit or avoid alcohol. Avoid or quit smoking. Hopefully this doesn't sound like a broken, repeating record; but following these instructions could help you avoid issues with a broken Musculoskeletal or Endocrine System or to support healing.

Resources:  
Clevelandclinic.org, Thoughtco.com



**SAVE THE DATE**  
 "Friendsgiving"  
 Tuesday Nov. 5th at 11AM

HAPPY  
*Friends*  
 GIVING

## FOREIGN POLICY SUPPER CLUB

"Invisible Indonesia"  
October 14 at 6pm  
\$15, includes dinner



Jewishchattanooga.com to RSVP by October 10th

## LEGAL AID SESSION

Do you need to update your will or have legal questions? If you are age 60 or older, you qualify for legal services through Legal Aid of East Tennessee at no cost.

Our next session is Thursday, October 10th.  
30 min slots are available between 1:00-3:00.

Call Lorri at (423) 893-9241 to schedule a session.

## HEATIN' THINGS UP

Dominique Pruitt

### Food For Thought Exhibit

In partnership with Food as a Verb

David Cook, Co-Founder of Food as a Verb, says "stories feed people," and "food is a connective tissue between us."

The exhibit combines visual arts with stories.



Runs through December 20th

Number to schedule a ride with the JCC!

# 423-551-3716

Please call this number and leave a voicemail with the following information:

- Your Name
- Date of Appointment
- Time of Appointment
- Address of appointment.

A driver will call you back to confirm your request.

Appts should be scheduled between 9:00-3:00 Monday-Thursday

## MITZVAH MEALS

OUR MEALS ARE PREPARED WITH LOVE TO NOURISH THOSE WHO CANNOT PREPARE FOOD FOR THEMSELVES DUE TO ILLNESS/MEDICAL EVENTS, CARETAKING & GRIEF.

WE PROVIDE A COMPLIMENTARY DELIVERY FOR ONE WEEK AS YOU RECOVER FROM ILLNESS, SURGERY OR LIFE EVENT. YOU CAN GIFT MITZVAH MEALS FOR YOUR FRIENDS OR FAMILY IN NEED. DELIVERY ONLY. SLIDING FEE AVAILABLE.

- \$12 PER ENTREE  
CHOOSE FROM BEEF, CHICKEN, OR FISH
- \$5 UPCHARGE FOR SALMON
- \$8 MATZA BALL SOUP OR CHILI

All orders must be placed through the Social Services Department. Orders must be received by 3:00 on Thursday for delivery the following Thursday (1 week notice). Call or email Lorri Lipski 423-893-9241 or [llipski@jewishchattanooga.com](mailto:llipski@jewishchattanooga.com)

## LET'S NEW TRAVEL!

Offer Musan is welcoming you to take a nature walk with him!

When? Sunday October 20th 10:00 AM

please! RSVP in advance to [Israel@jewishchattanooga.com](mailto:Israel@jewishchattanooga.com) Directions to the walk when you RSVP

What should you bring? A water bottle, and shoes fit for walking

45 minutes- an hour

Snacks will be provided!

Family friendly



## FROM THE PROGRAM DIRECTOR

Ann Treadwell atreadwell@jewishchattanooga.com • 493-0270 ext 13

### A Walk In Our Woods

This time of year, a walk in our woods could make you feel seriously creepy. There are three types of very large spiders that annually spin their webs anywhere where light streams through trees, onto pathways and sidewalks, day or night. At a quick glimpse the woods may look like one of those horror movie sets. You have to weave carefully to avoid the attachment web strings, and their inhabitants. At a second glimpse, you can see that there is a beauty, and a fortitude among the web inhabitants, surviving blustery ill winds and torrential storms.

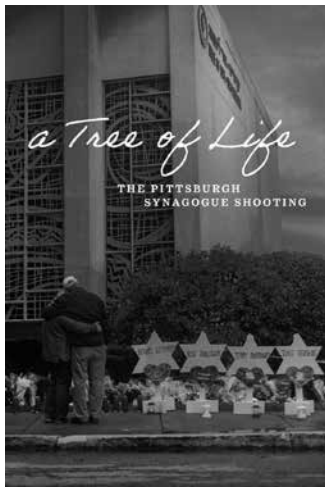
I have no idea what the spiders' official scientific names are. For us they are called "big ugly" and she definitely looks the part, with a huge body and a menacing face. She is about the size of a child's hand. Her web is easily three to four feet wide and tall. My favorite artistic woods friend is the "writing spider". I'm sure she is the Southern cousin of E.B. 's Whites Charlotte from his famous children's book. Our writing spider's work looks more like the zig zags of sewing machine stitches. She weaves closer to the house, often between small trees. Sometimes she weaves in sentences, other times paragraphs. The third spider is "the invader". She is new to the neighborhood, and is fierce. Her webs can easily be six to seven feet and hang below the eaves of the garage or anywhere the outdoor lamp posts glow at night. She is the size of my hand, has long striped legs, catches large insects, and huge amounts of them. Her only saving grace is that her web strings often catch falling leaves, making the leaves look like they are caught mid-dance.

This October is a bit like a walk in our woods. There are memories of horror and beauty and tributes to how our community chooses to deal with each. On Oct. 7, at Miller Park, the Federation invites you to come, light a candle and be part of the Commemoration of last

### TREE OF LIFE DOCUMENTARY

Free Screening  
Tuesday, October 29 6:00 p.m.  
JCC 5461 North Terrace Road  
Follow-up discussion  
with Randi Weiss

The documentary tells this story:  
On October 27, 2018, a white supremacist opened fire in a Pittsburgh synagogue, killing 11 people as they prayed; the deadliest antisemitic attack in US history.



year's horrific events in Israel. On Oct. 27 we will begin a three-week journey with Dr. John Steinberg as part of The History of Jewish Hate. And, on Oct. 29, the Federation will screen the documentary Tree of Life, acknowledging the Pittsburgh synagogue shooting. Randi Weiss will give us an update on how her former congregation is doing in its aftermath. Looking through the web of these, the Jewish Cultural Center will continue the Food for Thought exhibit as a way to remind us that food, dining together, breaking bread, and celebrating life helps maintain community resilience.

### Jewish Federation of Greater Chattanooga symposium on "The History of Jewish Hate"

October 27, 2024 - 2-4pm at the JCC

Panel Title: **Antisemitism-- The Longest Hatred**

Participants:

Dr. William E. Engel: **Judeophobia in the pre-modern period**  
University of the South

Dr. John W. Steinberg: **Antisemitism-- What Russia Gave to the Modern World**  
Austin Peay State University

Rabbi Craig Lewis: **Contemporary Antisemitism**  
Mizpah Congregation

November 3, 2024 - 2-4pm at the JCC

Panel Title: **The Age of Mass Destruction**

Participants:

Dr. John Swanson: **The Holocaust**  
University of Tennessee at Chattanooga

Dr. John W. Steinberg: **Prosecuting the Perpetrators**  
Austin Peay State University

Dr. Alison Vicks: **Distortion and Denial**  
Pellissippi State Community College

November 10, 2024 - 2-4pm at the JCC

Panel Title: **Whose History is it? Memorialization, Memory, and non-Memory of the Holocaust**

Participants:

Dr. John W. Steinberg: **Memorialization Sites in Poland**  
Austin Peay State University

Mr. Ken Gluck  
Tennessee Holocaust Commission

**NO COST TO ATTEND**



**Ofer Musan** Federation

israel@jewishchattanooga.com • (423) 385-0098

## October in Israel

The month of October in Israel has always been a complicated one. Once every few years October holds all of the high holidays. Historically October is a time with a lot of tension, and throughout its short history, the State of Israel faced some very hard days. Many of the hardest times have fallen in the month of October. But, we cannot ignore that Israel has had some of its greatest, most hopeful times in the month of October too.

There were a lot of terrorist attacks that happened in this month. An example is the attack in the "Maxim" restaurant in Haifa, which took place in 2003. 21 Israelis were killed and over 50 were injured. This is the month that both the 1973 Yom Kippur War and the current Iron Swords War that started on Oct. 7, 2023 fall. This is the month that in 2000 when events happened in the Israeli Arab community, and the lynching in Ramallah. In October, almost every year shows the Israeli people that life can be hard. We always keep going, remembering, sometimes really sad, but we keep going. We are resilient.

The month of October is also a time of joy, hope, and celebrations in Israel. The peace agreement between Israel and Jordan that was signed in 1994. The opening of the first underground train in Israel's history "The Carmelit" in Haifa in 1959. Also, the passing of the law that confirmed the Israeli flag was a major cause for national celebration. The military operation that rescued Ori Megidish from the tunnels in Gaza, after she was kidnapped on October 7, 2023, is a recent reason for joy.

I want to focus on one event that for me, shows the true State of Israel, and that I remember so vividly. In July of 2006, Gilad Shalit, an Israeli soldier, was kidnapped by Hamas and brought into Gaza, after a surprise attack on his tank. For five years he was held in captivity, and a lot of Israelis, my family included, were protesting for his release, and hoping he would one day come home. And then, on Oct. 18, 2011 he was finally released. On that day I was at my aunt's house, celebrating my cousin's 17th birthday. I will never forget that moment when his face was shown on television after he was transferred into Egypt. We were screaming, cheering, and crying. It was one of

the happiest days in Israel's history. That day showed that no matter what the cost, and Israel paid a hefty price that day, the State of Israel will always bring its people back, no matter who, how, or where from.

I found out that if you ever hoped to become an Israeli Prime Minister, or an important figure in Zionism, October is the month for you. Naftali Hertz Eimer, who wrote "Hatikvah", died this month. Zeev Zabotinski, one of the most important figures in Zionism, was born this month. Alfred Drayfus, probably the man who made Hertzfel known by starting modern Zionism, was born in October. No less than five out of the 14 Prime Ministers in Israel's history were born in the month of October.

I hope to see you all at the Federation's event commemorating the one year anniversary of Oct. 7. Yes, a sad memory. However, at the Federation this Oct. you have the opportunity to make joyful memories. Reach out to me this month and let's celebrate October's resilience.

**ברוכים הבאים**  
**HEBREW CLASS**

COME JOIN ME AND LEARN  
CONVERSATIONAL HEBREW

**Hebrew Class**  
**keeping the class going**  
**Every Tuesday of October**  
**1st, 8th, 15th and 22nd**  
**5:30 PM**  
**AT THE J**  
**5461 NORTH TERRACE ROAD,**  
**RSVP-**  
**ISRAEL@JEWISHCHATTANOOGA.COM**



# ALEPH BET CHIDRENS CENTER

**Kathryn Wilhoite** alephbet@jewishchattanooga.com • 893-5486

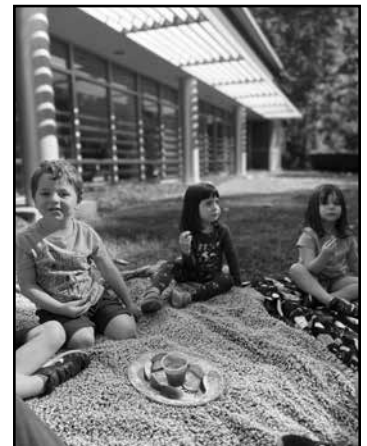


Aleph Bet provides an educational, interactive and developmentally appropriate preschool program enriched by Jewish traditions and values.

## LOOKING FORWARD

We have started another great school year here at Aleph Bet! Students are joyful, engaged, and learning every day. We have explored our five senses, talked about families, and learned about our bodies. These inquiries will continue in the next month, but we will also be talking about the changing seasons, harvest time, and nocturnal animals.

The High Holidays are quickly approaching, and we are looking forward to LOTS of activities honoring this special time of year. We are going to start this season with a craft night on September 26th, where we will be making a variety of apple crafts. We look forward to a sweet New Year!



# Honey Seed

**HAND-ROLLED BAGELS · WOODFIRED PIZZA**

Experience the magic of Montréal-style bagels! We bake them fresh daily with a lot of love <3



**SMOKED SALMON**

**LIVE MUSIC**

JOIN US ON SATURDAY NIGHTS FOR DINNER WITH SOME TUNES!



**'TOT'KAS**

SERVED WITH APPLE SAUCE & SOUR CREAM ALL OCTOBER!

OPEN 7 AM - 9 PM DAILY    1705 MARKET ST    HONEYSEEDCHATT.COM

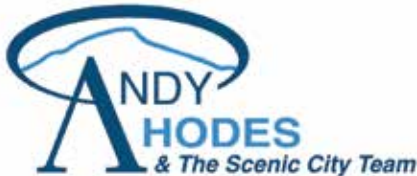


*Cookies, Bars & Rugelach  
Biscotti & Mandelbrot  
Coffee Cakes*



[www.beilahsbakery.com](http://www.beilahsbakery.com)  
(818) 309-7523  
beilahsbakery@gmail.com  
Jessica Weiner

Use promo code JFED for 15% discount



**Two Words of Advice for the Concerned Buyer or Seller:**

When you buy or sell real estate, and you want assurance that your investment is protected, heed these two words of advice:

**Andy Hodes**

With his in-depth knowledge of the local market, Andy is more than a real estate agent. He is a real estate counselor, a caring professional who helps you make the right decisions.

**Call Andy today for a free, no-obligation consultation!**



D: 423-664-1818  
O: 423-664-1600  
Andy@AndyHodes.com  
www.AndyHodes.com

**kw** GREATER CHATTANOOGA  
KELLERWILLIAMS REALTY  
Each Office Is Independently Owned and Operated

**WELLS FARGO** Advisors

**Guiding investors and their families for over 20 years.**



**Warren C. Dropkin**

Managing Director – Investments  
Financial Advisor

**Dropkin Financial Group**

of Wells Fargo Advisors

423-693-2306 • 800-285-4226

412 Georgia Ave, Suite 215 • Chattanooga, TN 37403

warren.dropkin@wellsfargo.com

www.wfadvisors.com/warren.dropkin

**Investment and Insurance Products:  
NOT FDIC Insured / NO Bank Guarantee / MAY Lose Value**

Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC, a registered broker-dealer and non-bank affiliate of Wells Fargo & Company. CAR-1220-02185

# JEWISH COMMUNITY NIGHT AT THE LOOKOUTS AUGUST 27



## BAT MITZVAH

Daniella Cohen

Daniella Cohen will be called to the torah at B'nai Zion Congregation on Saturday, October 26. She attends Signal Mountain Middle School. She loves dancing, basketball, and hanging out with her friends. She loves her brother Dean and sister Daya, they mean the world to Daniella. "Becoming a Bat Mitzvah means a lot to me, becoming a woman, to own my actions and responsibilities as a Jewish person in our community." Daniella also wanted to note that "there are Israeli kids younger than me still in Gaza. Please remember, we need to bring them home."



## SAVE THE DATE



*The Beat of Motown*  
**November 16**

**7:00-9:00 p.m at the JCC**


**\$36 per person = live entertainment, dancing, drinks and an appetizer buffet**



Join us for lunch, apples & more!  
**Wednesday, October 9th**  
**10:00-2:30**  
**Oren Wooden's Apple House**  
**6351 New Harmony Rd**  
**Pikeville, TN 37367**  
**\*\*Cash or check only at the venue! ATM on site.**  
**12 seats available**  
**departing from JCC or**  
**Meet us there at 11:00!**  
**RSVP by 10/7:**  
**rsvp@jewishchattanooga.com**

# CHAIR WELLNESS

BY THE POP-UP PROJECT




**MONDAYS IN OCTOBER AT 1:00**  
**OCT 7, OCT 14, OCT 21, OCT 28**  
**JEWISH CULTURAL CENTER**  
**5461 NORTH TERRACE ROAD**

FOR THE MONTH OF  
 OCTOBER:  
 BRING A 1ST TIME GUEST  
 AND EARN A VISIT TO OUR  
 PRIZE VAULT.

No Cost to attend; Donations welcome!

# Chattanooga Allergy Clinic



**Todd Levin, MD; Jessica Van Mason, MD; Marc Cromie, MD;**  
**Jennifer Patel, MD; Hyman Kaplan, MD; Lee Perry, MD**

423-899-0431 • [chattanoogaallergyclinic.com](http://chattanoogaallergyclinic.com)



Explore-Connect-Discover

Join P2G Hadera-Eiron

# DIG DEEP IN ✈️ ISRAEL

A Journey of Exploration and Connection

January 20-26, 2025

7 Days in Israel

- ✓ **Historical Exploration**  
Learn about the rich heritage of Israel
- ✓ **Cultural Immersion**  
Engage with the local community and experience Israeli culture
- ✓ **Community Building**  
Forge strong bonds with fellow participants
- ✓ **Meet Israelis from the Hadera-Eiron Partnership**  
Cultivate meaningful interpersonal relationships through engaging conversations and purposeful meetings.
- ✓ **Personal Growth**  
Self-discovery through joint activities and discussions

**Cost:**  
**\$2,100 for Double Occupancy**  
**\$2,600 for a Single Room**

Recommended Flights:

**LY0010 JFK-TA**

LY 028 from Newark (EWR) landing at 6:25am  
 LY 004 from New York (JFK) landing at 9:10am

In case of a cancellation due to unforeseen security issues, we will issue a \$100 cancellation fee.

**Package includes:**

- Double occupancy rooms
- All meals and activities
- Guide & security guard on the bus
- Preparation prior to the arrival



## FEDERATION CLOSED ON:

- Wednesday, October 2 - Erev Rosh Hashanah..... Fed. Closes at 3:00PM  
AB Open
- Thursday, October 3 - Rosh Hashanah..... Building Closed
- Friday, October 4 - Rosh Hashanah..... Building Closed
- Friday, October 11 - Erev Yom Kippur ..... Fed. closes at 3:00PM  
AB Open
- Thursday, October 17 - Sukkot..... Building Closed
- Wednesday, October 16 - Erev Sukkot ..... Fed. Closes at 3:00PM  
AB Open
- Friday, October 18 - Sukkot..... Building Closed
- Wednesday, October 23 - Erev Shemini Atzeret..... Fed. Closes at 3:00PM  
AB Open
- Thursday, October 24 - Shemini Atzeret..... Building Closed
- Friday, October 25 - Simchat Torah..... Building Closed

## CONDOLENCES

*We extend our sincere condolences to...*

...the family and friends of Marion Gaye Paty Wade, who died on August 7, 2024. She is survived by her husband of 34 years, Robbie Wade and sons, Jake, John (Josey), and Geoffrey, bonus daughter, Amber; brothers, Charles (Kerrie) Paty, Ralph (Amy) Paty and sisters Kem Alexander and Pamela Rymer O'Dwyer.

...the family and friends of John Duncan Beck, who died on August 25, 2024. John is survived by his wife, Marian Kern; daughters, Donna Blanton (Robbie) and Betty Jean Jordan (Robert); stepson, Justin Mulloy (Allison Fuller); and granddaughters, Hannah Blanton, Sylvie Blanton (fiancé Alex Fonzi), Stella Mulloy, and Emilia Mulloy.

...the family of Louise Rotchild Kushner, who died on August 25, 2024. She is survived by her daughters, Lisa Breazeale (Jeff) and Kathy Norris (Gray), her grandson, Brandon Kushner (Melissa), great granddaughters, Jordan and Skylar Kushner, and her brother, Walter W. Rotchild, Jr.

...the family and friends of Marcel Isidore Salomon on August, 26 2024. He is survived by his children, Rachel Salomon, Nir Salomon, Yoni Salomon, Eyal Salomon, and David Salomon; Grandfather of Rebecca, Sam and Phillip Sadowitz and 11 additional grandchildren.

...the family and friends of Peter Laband, who died on August 31, 2024 at the age of 98. He is survived by his wife, Barbara Laband; sister, Kay Eisenman; children; Andrew (Eileen) Laband, David (Mary) Laband, Beth (Brooks) Painter, and Paul (Sarah) Laband; 9 grandchildren; 2 great grandchildren; nieces; nephews; and stepchildren.

...the family and friends of Dr. Richard Howard Sadowitz, who died on September 3, 2024 at the age of 65. He was the son of Sandy Sadowitz. He is survived by his children, Rebecca, Samuel and Phillip Sadowitz; sister, Marla Truitt; and fiance, Wendy Drake.

...the family and friends of Joseph Kodsi, who died on September 6, 2024. He is survived by his sons, Neil (Clarice) Kodsi and Matthew (Angela) Kodsi; and grandchildren, Samantha Kodsi, Devin Kodsi, and Jessica Kodsi.

...the family and friends of Dale Powell, who died on September 13, 2024. He is survived by his wife, Cyndie Powell; father/father-in-law of Lisa & Jamie Maples, Laura & Kevin Reece, and Leslie & Chris Cobb; grandfather of John Reece, Rachel Hooper, Sarah Reece, Elayne, Jackson, David, and Grace Cobb, Bryan, Bobby and William Maples; great-grandfather of Anna and Daniel Reece

...the friends and family of Michael Insler, who died on September 19, 2024. He is survived by his wife, Carolyn Insler; daughters, Ilisha Smith (Erik) and Rachel Mckenna (Edward); grandchildren, Morgan Dimmick and Jakob Smith; stepson, Adrian Kaylor (Amy); and the mother of his children, Harriet Insler.

Machanooga is a joint program between Mizpah and B'nai Zion that serves children from pre-K to 8th grade.



Jen Lewis  
Co-Director  
roshnooga@gmail.com



Traci Sloan  
Co-Director

# Machanooga Happenings

We had a great first day welcoming all our students, on August 18th.

We filled our Sunday mornings, in August, with Tefilah with the rabbis, making spice bags in Mercaz (center / art) and engaging class discussions. We also had a visit with Ofer, Jewish Federation Shaliach, where he taught our students how to play Taki. We can't forget the visit with Kona Ice to start the year off right!



923 McCallie Avenue  
 Chattanooga, TN 37403  
 423-267-9771  
[www.mizpahcongregation.org](http://www.mizpahcongregation.org)  
[office@mizpahcongregation.org](mailto:office@mizpahcongregation.org)  
 Page Editor: Richard Zachary



We are a welcoming and inclusive congregation, offering worship, learning, social action, and social programming that enhances the lives of our members, helping us as we make choices of our lives that we might better ourselves and our world by our actions.

2024 HIGH HOLY DAYS SCHEDULE		
September 28, Saturday	Selichot - In Sanctuary	6:30 pm
October 2, Wednesday	Erev Rosh Hashanah - Children's Service Kindertransport Chapel	6:00 pm
	Erev Rosh Hashanah Services Board Oneg to Follow	7:30 pm
October 3, Thursday	Rosh Hashanah Morning Service Tashlich: Hubert Frye Center (TN Riverpark)	10:00 am 5:00 pm
October 6, Sunday	Kever Avot Service in Mizpah Cemetery	11:00 am
October 11, Friday	Erev Yom Kippur - Children's Service Kindertransport Chapel	6:00 pm
	Kol Nidre - Erev Yom Kippur	7:30 pm
October 12, Saturday	Yom Kippur: Morning Service	10:00 am
	Adult Discussion (Library)	12:30 pm
	Teen Discussion w/Marissa	12:30 pm
	Afternoon Service	2:00 pm
	Yizkor - with Book of Remembrance	4:00 pm
	Closing Service	5:00 pm
	Break-the-Fast to Follow	
October 13, Sunday	Sukkah Build in Garden	9:00 am
October 18, Friday	Tot Shabbat - in Sukkah Shirei Shalom - Sushi in the Sukkah	5:15 pm 6:00 pm
October 24, Thursday	Simchat Torah - Children All	5:00 pm 6:00 pm

*Simchat Torah is a Joint Celebration with B'nai Zion in their new facilities on Airpark Road off Lee Hwy*

## FIRST FRIDAY FAMILY SHABBAT

# OCTOBER 4, 2024

## Services @ 6:00PM Dinner @ 7:00PM

Adult Members: \$12\*  
 Age 13-22: \$9\*  
 Under 12: No Charge

Adult Non-Members: \$15\*  
 Age 13-22 Non-Members: \$11\*  
 Under 12: No Charge

\*Please note PRICE CHANGE

### Chinese Chicken Fried Rice and salad bar

Chicken Tenders for Kids  
Veggie & gluten-free option

Please RSVP to the office at  
 423-267-9771 or email:  
[office@mizpahcongregation.org](mailto:office@mizpahcongregation.org)



## Music at Mizpah

PRESENTS



**CHATTANOOGA SYMPHONY & OPERA**

**WIND QUINTET**

**SUNDAY NOVEMBER 17, 2024 | 3:00 PM**

**Ochs Sanctuary**  
 923 McCallie Avenue (entrance on Oak)  
[www.mizpahcongregation.org](http://www.mizpahcongregation.org) or 423-267-9771

**PATRON LEVELS\***

**Conductor - \$1,500+** 10 Concert Tickets + Special Gift

**Percussion - \$1,000+** 6 Concert Tickets

**Brass - \$500+** 4 Concert Tickets

**String - \$200+** 2 Concert Tickets

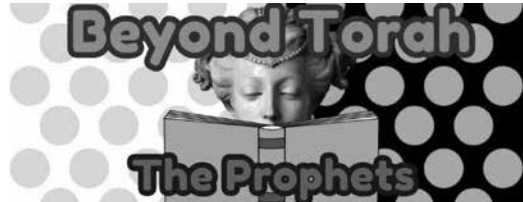
\* Reception & acknowledgement in the program for the Patron Levels above.

**Woodwinds - \$75** Single Concert Ticket & Reception

**Single Admission - \$25**

All proceeds from sponsorship, donations & ticket sales go directly to Mizpah Congregation. Special Thanks to Herb Cohn for his years of dedication to Mizpah and his contributions to Fundraising and the creation of the Music at Mizpah program.

## Beyond Torah




By popular demand, we are going to study the books that come after Deuteronomy, We are currently in Judges. Using the JPS Translation, we will see where our study takes us beyond Torah.

**Paused til after Yom Kippur; New Time: 6:00 pm**

### MIZPAH TORAH STUDY


9:15 am Shabbat  
 Bagels and lox prior - Mizpah Feinstein Hall



**Tot SHABBAT**

**3RD SHABBAT EACH MONTH:**

TOT SHABBAT 5:15 pm  
 SHIREI SHALOM 6:00 pm  
 Special for October 18: Sushi in the Sukkah



**SHIREI SHALOM Shabbat**  
 Every 3rd Friday

## Celebrate and Enrich Jewish Life

B'nai Zion's vision is to inspire a vibrant, uplifting, and inclusive community connected to the dynamic traditions of Conservative Judaism.



6210 Airpark Dr.  
Chattanooga, TN 37421  
423-894-8900  
www.bnaizioncongregation.com  
office@bzcongregation.com

# 2024/5785 High Holy Days Schedule



**Sept 28** *Selichot*  
8:00 PM Musical Selichot & Havdalah

**Oct 2** *Erev Rosh Hashanah*  
6:00 PM Maariv Service  
Via Zoom Only

**Oct 3** *Rosh Hashanah I*  
9:00 AM Morning Service  
9:00 AM Babies & Toddlers Program  
10:15 AM Children's Program  
10:45 AM Appx. Blowing of Shofar

**Oct 4** *Rosh Hashanah II*  
9:00 AM Morning Service  
10:45 AM Appx. Blowing of Shofar

**Oct 6** *Kever Avot*  
11:00 AM Kever Avot  
BZ Cemetery  
  
1:00 PM Tashlich  
TN Riverpark (4301 Amnicola Hwy)

**Oct 11** *Kol Nidre*  
6:45 PM Kol Nidre

**Oct 12** *Yom Kippur*  
10:00 AM Morning Service  
10:15 AM Babies & Toddlers Program  
11:00 AM Children's Program (6yrs and up)  
11:45 AM Appx. Beginning of Yizkor Service  
4:30 PM Mincha Text Study  
Special Reading: Chapter 116  
from The Count of Monte Cristo  
  
6:15 PM Mincha  
7:00 PM Neilah, Maariv & Havdalah  
7:00 PM Children's Program  
7:47 PM Break the Fast

**Oct 13** *Sukkah Building*  
11:00 AM Sukkah Building and Brunch

**Oct 17** *Sukkot I*  
9:45 AM Morning Service

**Oct 18** *Sukkot II*  
9:45 AM Morning Service  
5:30 PM Family Shabbat in the Sukkah

**Oct 19** *Shabbat Sukkot*  
9:45 AM Morning Service  
12:15 PM Lunch & Learn in the Sukkah

**Oct 20** *Men's Club in the Sukkah*  
5:30 PM Steak, Scotch, & Torah Study  
RSVP Required

**Oct 24** *Shemini Atzeret/ Simchat Torah*  
9:45 AM Morning Service  
11:00 AM Appx. Beginning of Yizkor Service  
5:00 PM Children's Simchat Torah Party  
6:00 PM Community Simchat Torah Celebration

**Oct 25** *Simchat Torah*  
9:45 AM Morning Service

All events will take place at  
B'nai Zion, 6210 Airpark Dr.,  
unless otherwise indicated



BZ Men's Club

# Steak & Scotch in the Sukkah

SUNDAY, OCT. 20  
5:30PM  
BZ SUKKAH

RSVP REQUIRED

SPECIAL LUNCH & LEARN  
IN THE  
**SUKKAH!**  
OCTOBER 19 @ 12:15PM  
6210 AIRPARK DRIVE

Join us for a special After Shul Lunch & Learn in the sukkah with sukkot themed learning!

RSVP Requested

# Simchat Torah Celebration

LIVE COMMUNITY BAND - DANCING WITH THE TORAH - FOOD - FUN FOR ALL AGES

SCHEDULE

5:00PM - KIDS TORAH PARTY  
6:00PM - COMMUNITY CELEBRATION

6210 AIRPARK DRIVE  
CHATTANOOGA, TN 37421

BEGINS AT  
**5PM**

OCTOBER 24, 2024

950 Vine Street  
 Chattanooga TN 37403  
 423-490-1106  
 www.jewishchatt.com  
 rabbi@jewishchatt.com



**Chabad is a philosophy, a movement, and an organization.**

Chabad is an educational organization dedicated to helping every Jew, regardless of background, affiliation, or personal level of observance, to increase their level of Jewish knowledge, enthusiasm, and commitment.

Mobile Sukkah  
 Coming to your home  
 Oct. 20 - 23

Pizza in the Hut  
 Oni vs Rocbox  
 Oct. 20

Simchat Torah  
 Smoke-Off  
 Oct. 24

SAVE THE DATE

**TORAH AND TEA AT CHABAD!**



**Light House: Making My Home Hashem's Home**



This year we will be introducing an innovative new curriculum called "Light House: Making My Home Hashem's Home" developed by the International Chabad Children's Network (CKids).

Throughout the year, students will explore how we can make Hashem (G-d) feel welcome in our world, through the mitzvot we do in our daily lives. Each lesson includes hands-on STEM activities that will keep the kids excited and engaged at every step!

We can't wait to see this new curriculum empower another year of proud Jewish kids, and we would love for your family to be a part of this exciting journey.



This Fall!

**NURTURING RELATIONSHIPS**

Jewish Wisdom for Building Deeper,  
 Richer Connection in All Your Relationships

SIX TUESDAY EVENINGS  
 STARTING NOVEMBER 12  
 7:00 - 8:30 PM



WWW.MYJLI.COM/LEARN/CHATTANOOGA

Hadassah enhances the health and lives of people in Israel, the United States and worldwide. By connecting and empowering Jewish women to effect change, we are the women who do. Now, and always, we are Hadassah. Be proud of who you are, Hadassah women.



**Judy Sachsman & Beth Thomas**  
Co-Presidents of Chattanooga Chapter of Hadassah

**Millie Lander,**  
Treasurer

### CELEBRATING DANA WAXLER

Congratulations to Dana Waxler for being elected Hadassah National Vice President at the Convention in Las Vegas. She will be installed this January as one of six National Hadassah VPs. Chattanooga Hadassah celebrated Dana at Mah Jong and Margaritas with games, snacks, and socializing.

**HADASSAH Chattanooga**

*Mah Jongg & Margaritas!*

SUNDAY, SEPTEMBER 22  
1:00 PM - 4:00 PM  
Location will be provided upon registration.

Join us as we celebrate Hadassah Chattanooga's Dana Waxler newly-elected National Hadassah VP!

Come to a fun-filled afternoon with Mah Jongg, games, door prizes and socializing.

Bring a friend, your favorite board game, and a parve appetizer or dessert. Beverages will be provided.

Non-members are invited and will be eligible for a special drawing for an annual membership.

No charge to attend, but registration is required.

Scan the QR Code or Use the link below to register  
<https://bit.ly/ChattanoogaMahJonggandMargaritas>

### HOLIDAY CARD

Kathy Kessler and Millie Lander have been working on the Chattanooga High Holiday Card. Thank you to everyone who has supported this fundraiser as a way to wish the community "L'Shanah Tovah." Happy 5785 to all!



### FOLLOW YOUR HEART TO NASHVILLE

"Follow Your Heart to Nashville" will be the theme of the Super South TriRegion Conference November 8-10. Registration information is now available. Save this date for an amazing experience that is so accessible to Chattanoogaans.

*Follow Your Heart to Nashville*

This one's for you

HADASSAH SUPER SOUTH Tri-Region Experience November 8-10, 2024 Nashville, TN

For Conference details & registration, go to [Hadassahsupersouth.com/TriRegion2024](https://Hadassahsupersouth.com/TriRegion2024)

Meet Special Guest Carol Ann Schwartz Hadassah National President

REGISTER TODAY! Register early and have a chance to get \$100 off!

HADASSAH SUPER SOUTH

### ANNUAL CHANUKAH CELEBRATION

The Annual Chanukah Hadassah-Federation dinner and candle lighting celebration is scheduled for December 30, on the sixth night. Another "Health Cruise" currently in the design mode with Bev Coulter is planned for next spring. Meanwhile, some Tours of Israel, sponsored by Hadassah, have started for groups like adult Young Judaea workers. When Israel opens for tourists, be ready; it will need us visitors! May we spend next year in Jerusalem in 5785.

Annual Giving enables Hadassah to provide ongoing reliable funds for its many projects such as: Hadassah Medical Organization, which supports saving lives, healing, research, and cutting edge medicine at its two Jerusalem hospitals; Youth Aliyah, which educates and nurtures children at risk; and Young Judaea scholarships, which enables children to attend camp and young adults to spend a "gap" year in Israel.

#### Annual Givers start with:

- Chai Society members (\$180/year)**
- Silver Chai members (\$360/year)**
- Traditional Keepers (\$1,000/year)**
- Chai Keepers (\$1,800/year)**
- New Silver Keepers (\$2,500/year)**
- Golden Keepers (\$5,000/year)**

Those who are already Annual Givers should consider increasing donations or stepping up to the next level. Contact Dana Waxler at [dwxler@hadassah.org](mailto:dwxler@hadassah.org).

By connecting and empowering women to effect change, we are the women who do. Be proud of who you are, Hadassah women. Barbie's Jewish mother started with Hadassah!





## JOIN THE JEWISH FEDERATION LEGACY SOCIETY

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams or a strong future Jewish community into a reality. Join today.

- |                 |                               |                   |                      |                         |
|-----------------|-------------------------------|-------------------|----------------------|-------------------------|
| Anonymous (2)   | Center, Marilyn               | Hanan, Rachel     | Lebovitz, Michael    | Rosenfeld, Roy          |
| Allen, Amelia*  | Cohen, Tal                    | Hanan, Victor*    | Levine, Lawrence*    | Sachsman, Judy          |
| Allen, Owen     | Cohn, Herb                    | Hill, J.R.        | Lewis, Art           | Siskin, Pris            |
| Alper, Maxine*  | Cohn, Sue*                    | Hochman, Colman*  | Lewis, Vicki         | Sivils, Janet           |
| Balser, Jeff    | Cowan, Rob                    | Hochman, Lynn     | Lowe, Beth           | Spector, Linda          |
| Balser, Robin   | Diamond, Karen                | Hodes, Alvin*     | Lowe, Rob            | Spector, Mark*          |
| Barukh, Rebecca | DiStefano, David              | Hodes, Andy       | Lowy, Pamela         | Spector, Mike           |
| Berz, Bob       | DiStefano, Susan              | Hodes, Melody     | Lowy, Sam            | Susman, Gail            |
| Binder, Claire  | Dittus, Sandy                 | Howard, Lynn      | Malsh, Rebecca*      | Susman, Joel*           |
| Black, Bonnie   | Dropkin, Warren               | Israel, David     | Nash, Ike*           | Weiner, Cara            |
| Black, Stephen  | Dzik, Michael                 | Israel, Scott     | Oxenhandler, Barbara | White-Dropkin,<br>Donna |
| Bogo, Jerry     | Dzik, Paula                   | Jaffe, Dot*       | Parker, Jordan       | Winer, David            |
| Bogo, Rosalee   | Fairchild, David              | Jaffe, Sam*       | Posternack, Warren   | Winer, Elaine           |
| Bohn, Jerry*    | Frank, Estelle*               | Lakow, Harry*     | Pregulman, Helen     | Winer, Finette          |
| Brooks, Ellyn   | Gelburd, Alexander<br>Sheldon | Lebovitz, Alison  | Richelson, Alan      | Winer, Sanford          |
| Brooks, John    | Goler, Marilyn                | Lebovitz, Alan    | Richelson, Miriam*   | Zachary, Richard        |
| Brouner, Betsy  | Hanan, Jan                    | Lebovitz, Betty   | Rose, Cassie         |                         |
| Brouner, Lee    | Hanan, Michael                | Lebovitz, Charles | Rose, Kevin          |                         |
| Center, Austin  |                               | Lebovitz, Lauren  | Rosenfeld, Jackie    |                         |

**\* Deceased**

**See how easy it is to join the Legacy Society!  
Call Michael Dzik at 493-0270 ext 15.**

**Thank you  
for insuring  
our future.**

## STAY INFORMED

A full listing of monthly programs is on our website,  
[www.JewishChattanooga.com](http://www.JewishChattanooga.com), where you can RSVP

Find up-to-date information about online programs,  
cancellations and changes in our:

- Weekly Community Email
- Federation Facebook Page
- (Jewish Federation of Greater Chattanooga)
- Federation Website
- ([JewishChattanooga.com](http://JewishChattanooga.com))

**QUESTIONS? Call us!  
423-493-0270**

### CONTACT LIST

- |                          |                                  |
|--------------------------|----------------------------------|
| Michael Dzik             | Mdzik@JewishChattanooga.com      |
| Annette McJunkin         | Amcjunkin@JewishChattanooga.com  |
| Ann Treadwell            | Atreadwell@JewishChattanooga.com |
| Ofer Musan               | Israel@JewishChattanooga.com     |
| Lorri Lipski             | Llipski@JewishChattanooga.com    |
| Kathryn Wilhoite         | Alephbet@JewishChattanooga.com   |
| Jake Balser              | Federation@JewishChattanooga.com |
| Dawn Hildebrand, RN, BSN | Nurse@JewishChattanooga.com      |



**Jewish Federation**  
OF GREATER CHATTANOOGA

THE **STRENGTH** OF A PEOPLE  
THE **POWER** OF A COMMUNITY

P.O. Box 8947 | Chattanooga, TN 37414

Non-Profit Org  
US POSTAGE  
PAID  
Chattanooga, TN  
Permit No 63

the  
**Shofar**

Published ten times a year by the  
**Jewish Federation of  
Greater Chattanooga**

**Ken Goldsmith**, Board Chair  
**Michael Dzik**, Executive Director

The Shofar is mailed at no charge to  
local members of the Jewish community.  
Cost for out-of-town subscribers is \$30/year.

Find us online at  
[JewishChattanooga.com](http://JewishChattanooga.com)



# October 7th Memorial Vigil

Miller Park (928 Market St)

Monday, October 7

5:30-6:00pm Candle Lighting

6:00-6:30pm Memorial Vigil

Rain or shine

 **Jewish Federation**  
OF GREATER CHATTANOOGA