

# Chai Nite February 10!



Be a Chai Nite business or individual sponsor! Sponsor opportunities:

- Gold \$ 500.00**
  - Recognition at the event
  - One time, 1/4 page ad in the Shofar
  - 8 Entrance Tickets (one table)
- Silver \$ 250.00**
  - Recognition at the event
  - One time, 1/8 page ad in the Shofar
  - 4 Entrance Tickets
- Bronze \$ 150**
  - Recognition at the event
  - One time, 1/16 page ad in the Shofar
  - 2 Entrance Tickets

**Saturday,  
February 10  
7:30 p.m.**  
Cocktail, formal,  
black tie optional.  
**\$36 per person.**

## Philanthropy Leadership Academy a Success!

During the first week in January, eleven kids from 6th to 8th grades gathered together for Chattanooga Philanthropy Leadership Academy. Federation social worker Erricka Hill talked about the difficulties facing the disadvantaged, the disabled, and the homeless. Participants learned how to work together as they volunteered at Orange Grove Center and made baskets for new refugee children in town. They also made a delicious dinner for families from Family Promise at the First Church of the Nazarene. The kids can't wait for Camp Tikun Olam this summer! See page 7 for application details.



# ALEPH BET CHILDREN'S CENTER



*Meghan Greybeal*  
Aleph Bet Children's Center  
[alephbet@jewishchattanooga.com](mailto:alephbet@jewishchattanooga.com)  
(423) 893-5486

Back in August, our staff had the opportunity to get some training in the Reggio-Emilia education theory. One of the cornerstones of this theory is that the environment should act as a teacher, and children should be given the opportunity to explore, play, and learn in nature.

Using nature as a classroom offers many opportunities for the academic base children need when they enter elementary school. As educators, we seek out the teachable moments that children are naturally drawn to: which stick is bigger? How many rocks have you collected? Describe what you hear? What happens when you crush the flower petals? These explorations naturally introduce math, literacy, art, and science in exciting ways that engage a young child's mind. From a report by the National Association for the Education of Young Children:

"Play is an active form of learning that unites the mind, body, and spirit. Until at least the age of nine, children's learning occurs best when the whole self is involved...Children who are less restricted in their access to the outdoors gain competence in moving through the larger world."

To help further Aleph Bet's connection to the outdoors, we look forward to recreating our nature path in the coming months. In the past, we had a small trail winding through the patch of trees behind our playground. It has become overgrown, but we're ready to start exploring again! As some of the invasive weeds and vines have died off naturally during the colder months, we are quickly approaching the optimal time for carving out our playscape. Very soon, we'll be looking for volunteers to help us in this endeavor. We'll be cutting down branches and vines, removing debris, laying mulch... but many hands make light work!

Contact me to volunteer or find the best way to get involved.

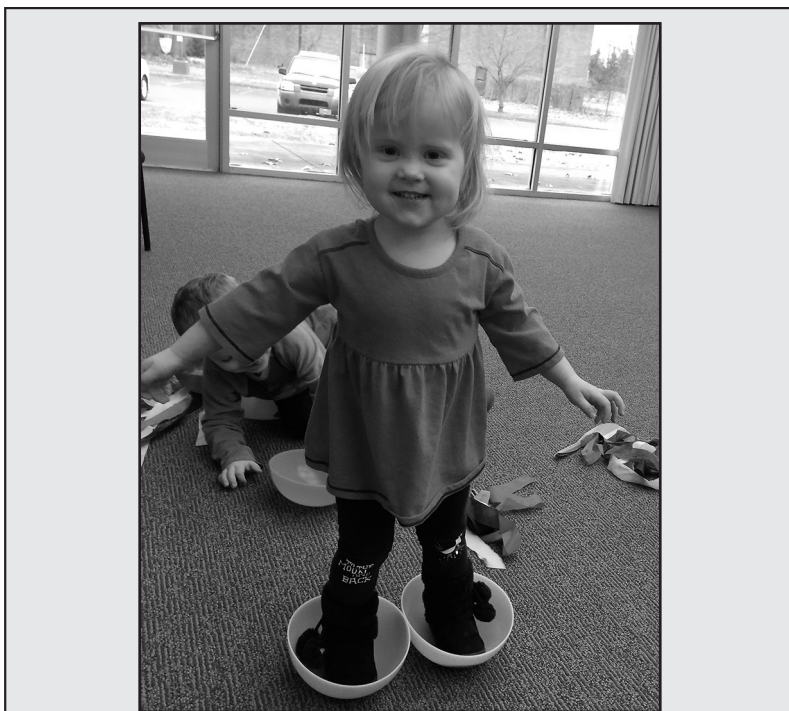
SAVE THE DATE

## Spring Fling Breakfast & Raffle

FRIDAY, MARCH 23 @ 9AM  
DETAILS TO FOLLOW  
PROCEEDS BENEFIT ALEPH BET

## TRIVIA NIGHT

**Community Trivia Night Feb. 22 @ 7pm**  
-Proceeds benefit Aleph Bet Children's Center.  
-See front page for more information and start forming your team now!



*Indoor ice skating*



*Welcoming the new year*



*Making a recycled snowman*

*Aleph Bet Children's Center, a program of the Jewish Federation of Greater Chattanooga, aims to provide an educational, interactive and developmentally appropriate preschool program that is enriched by Jewish traditions and values and implemented by a trained, dedicated, and nurturing staff.*

Aleph Bet is recognized by the State of Tenn. for its commitment to good health

**A gift for you... that will last a lifetime!**

Your child may be eligible to receive a gift voucher up to \$2,400 to attend Aleph Bet!\*

The Jewish Early Childhood Initiative -Chattanooga funding generously provided by the Lebovitz Family Charitable Trust and private donors. The Jewish Right Start Program matching funding provided by the National Jewish Right Start program, an initiative of the Jewish Federation of Metropolitan Chicago, made possible through the generosity of local donors.

Apply at [www.aleph-bet.com](http://www.aleph-bet.com) or call 893-5486 for more information.  
\*must meet eligibility requirements

# COMMUNITY NEWS & EVENTS

## Jake Balser is Temporary Receptionist/Administrative Assistant



The Federation is happy to welcome Jake Balser as our temporary receptionist/administrative assistant. Jake will be filling in for Courtney McKenzie, who is on personal leave, until February 19. Please give him a warm welcome when you call in or stop by!

## New to Chattanooga? We Want to Know You!



Have you been in Chattanooga less than 12 months? Please join us at a newcomers event at the Flying Squirrel Thursday, February 1 at 5p.m.. 55 Johnson St., Chattanooga. Please RSVP to our Federation shlichah Chen Dahan at [Israel@jewishchattanooga.com](mailto:Israel@jewishchattanooga.com). See you there!

# YOUNG JEWISH LEADERSHIP

## Young Jewish Leadership Shabbat Dinner at home of Ilana Habib, January 19



**מחנוגה**  
**machanooga**  
 A bridge to Jewish learning

### Machanooga Needs You!

Everyone has a passion, interest, or skill. Whether your strengths be math, art, music, science, cooking, drama, dancing, gardening, sports, history, photography, technology, yoga, meditation. The possibilities are endless, but we need your help to ensure that Machanooga thrives as a community-wide endeavor and opportunity.

Our new Sunday educational initiative is excited to offer 3 parallel chugim (elective group activities) for our kids' learning and enjoyment. We are looking for volunteers from the community to consider what you do professionally or what you are passionate about and offer your time for 45 minutes in 3 week blocks. We truly believe that the best way to learn is to teach which, with the help of you as a volunteer, translates into Machanooga being an incredible opportunity for our young in age to our young at heart.

Reach out to Rabbi Craig Lewis, Lily Dropkin, or Eytan Oren if you are interested in leading a Chug!

<b>Chug Block 5</b>
February 11 <sup>th</sup>
February 25 <sup>th</sup>
March 4 <sup>th</sup>
<b>Chug Block 6</b>
March 11 <sup>th</sup>
March 18 <sup>th</sup>
March 25 <sup>th</sup>
<b>Chug Block 7</b>
April 15 <sup>th</sup>
April 22 <sup>nd</sup>
April 29 <sup>th</sup>

**Contact one of our Co-Directors!**  
 Rabbi Craig Lewis: [machanooga923@gmail.com](mailto:machanooga923@gmail.com)  
 Eytan Oren: [machanooga114@gmail.com](mailto:machanooga114@gmail.com)  
 Administrator/Rosh Nooga Lily Dropkin:  
[RoshNooga@gmail.com](mailto:RoshNooga@gmail.com)  
 Or call one of the synagogue offices

# MIZPAH CONGREGATION



923 McCallie Avenue  
 Chatt., TN 37403  
 423-267-9771  
 mizpah@epbfi.com  
 mizpahcongregation.org

Richard Zachary, page editor

## Rabbi Craig Lewis Installed at Mizpah



Rabbi Craig Jordan Lewis was formally installed as Rabbi of Mizpah congregation on January 12th, during Shabbat worship service. He is Mizpah's 19th Rabbi. Performing the ceremony was Mizpah's 13th Rabbi, Ken Kanter, now Associate Dean of Students at Hebrew Union College, Cincinnati (pictured left and below). Some 150 members, families, and guests attended the ceremony, with the Mizpah choir and piano providing liturgical accompaniment. Following the service, there was a festive BBQ dinner. Rabbi Lewis, his wife Jen, and son Eden live on Signal Mountain.

and son Eden live on Signal Mountain.



Above, MZP president Henry Schulson passes the Torah to Rabbi Lewis. Also pictured: Rabbi Ken Kanter

## February Worship & Study Schedule

<b>Tuesdays:</b> Adult Hebrew Introduction to Judaism	6:00-7:00 pm 7:15-8:45 pm
<b>Wednesdays:</b> Mussar: Sacred Teachings and Ethics Mizpah Hebrew School	7:30 am 4:30 pm
<i>(Note: February 7th Class taught by Shlichah Chen Dahan)</i>	
<b>Thursdays:</b> Lunch 'n Learn: Seasonal / current events	12:15-1:15 pm
<b>Fridays:</b> Oneg/Kabbalat Shabbat Services	5:30 / 6:00 pm
February 2: First Friday Family Shabbat Service and dinner	6:00 / 6:45 pm
February 16: Shabbabat: Children's Service	5:30 pm
Shabbat Shirim	6:00 pm
Chardonnay Shabbat Oneg	6:45 pm
<b>Saturdays:</b> Torah Study w/ breakfast	9:00 am
Shabbat Worship services w/ Torah Reading	11:00 am
<b>Sundays:</b> Machanooga: Sunday School at Mizpah	10:00 am

### Shabbabat! (NEW!)

February 16 at 5:30 p.m.

Sababa means "awesome" in Hebrew, and when awesomeness collides with Shabbat, you get Shabbabat! Families and friends of all ages, join us to celebrate this exciting new way to share the fun of Shabbat together!



### Wednesday Morning Mussar

Wednesdays at 7:30 a.m.

Mussar is a 1,000-year-old tradition of Jewish study in which the focus is practical application of our sacred teachings into the ethics by which we guide our lives. We use teachings from Alan Morinis' book, *Every Day, Holy Day*, as launching off points

to discuss Jewish values and to explore texts from Talmud and other books of Jewish law, theology, and practice. Bring your coffee, a bagel or nosh if you like, and let Torah provide you extra energy for the rest of the day



**Family Promise:** This is a Social Action Project where four (4) times a year we partner with St. Paul Episcopal Church to house and feed temporarily homeless families with children. Margaret Friedman-Vaughan is Chair.

Sign-up online (<http://www.signupgenius.com/go/60b0e4fafa72da7f85-family>) or call Mizpah for information.

### Luncheon at Erlanger, December 25

Erlanger provided the food and drink, while Mizpah and B'nai Zion congregations provided the desserts and volunteers.



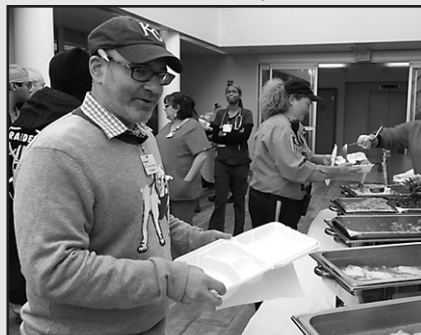
Richard Zachary and David Israel with Erlanger CEO Kevin Spiegel.



Art Lewis and Melody Hodes



Vivian Hershey and Danny Gottlieb.



Rabbi Lewis gathering plates to take to the ICU



### Introduction to Judaism

We invite you to explore Jewish traditions with Rabbi Lewis. Over the course of 15 sessions, we will cover beginning understandings of Jewish history, the major holidays along with some of the minor holidays, the important life cycle events, Jewish theology, the worship service, the Hebrew language, and our connection to the land and State of Israel. These

courses are for anyone who has ever wanted to learn about Judaism or for those who wish to learn more. This course can fulfill a requirement for individuals wishing to convert to Judaism. It can also provide a refresher course for Jews who have not studied their tradition for several years. It is also ideal for interfaith couples who want to understand more about Jewish traditions. The course has been divided into 5 three-week blocks. *All courses will be held at Mizpah Congregation in the Library from 7:15-8:45 p.m. There will be a \$50 course fee for materials and handouts.*



### Lunch and Learn

Thursdays from 12:15-1:15

Bring your own lunch as Rabbi Lewis presents teaching on seasonal topics: upcoming holidays, world events, or as guided by the interest of participants. These sessions will

be a pleasant way to see Temple friends during the week and to explore deeper understandings of Judaism together.

# B'NAI ZION CONGREGATION



**BLT & World Wide Wrap**  
 Sunday, February 4th at 9:30 am  
 Come for the praying and stay for the food as BLT participates in the 18th annual World Wide Wrap. Join Men's Clubs and congregations around the world as we teach the mitzvah of wrapping tefillin. The World Wide Wrap unites men, women and children in prayer. No experience required. See you in the BZ Chapel!

**BZ Super Bowl Party**  
 Sunday, February 4th at 6:00 pm

Spend the Biggest Day in Football with your BZ Family! Giant screen TV, chili, hot dogs, mah jongg. Activities for kids and all of your friends! Admission without a square is \$10. Call Jackie Rosenfeld (423-762-0104) to get in the game!



create + sip + celebrate

## Wine and Trees Painting & Wine Party

Women about Women celebrates the new year of the trees (Tu B'shvat) at ArtsyU (next to Provinos) where we will sip wine (feel free to bring a bottle or wine accompaniment) while a guide helps us paint our own tree. Consider adding family names to create a family tree!



Tuesday, February 6th.  
 6-9pm  
 \$32

Join us for this  
 fun painting and  
 wine party at  
 Artsy-U!

Thursday, Feb. 6  
 6-9pm



**Israel Bonds Shabbat**  
 February 10th at 9:30 am

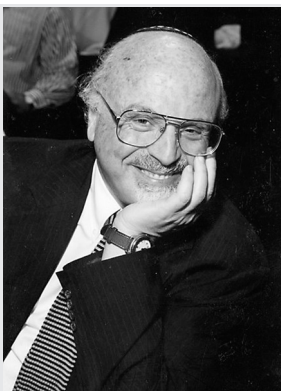
Tracie Bernstein will join us on Shabbat Shekalim to pray with us and address ways to support Israel that are in line with our progressive Jewish beliefs. We hope to see you there!

**B'Nai Mitzvah Timely Topics February 11 @ 1pm**



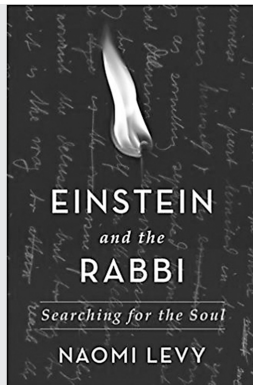
**Lunch-n-Learn**

Wednesday, February 14 at 12:00 pm  
 Nourish your soul and stomach with Lunch-n-Learn! This month we will continue our 5-part series about Israel as preparation for its 70th birthday! After last month's discussion on the various forms of Zionism, we will turn our eyes towards Jerusalem, talking about its relationship with the Jewish people and more.

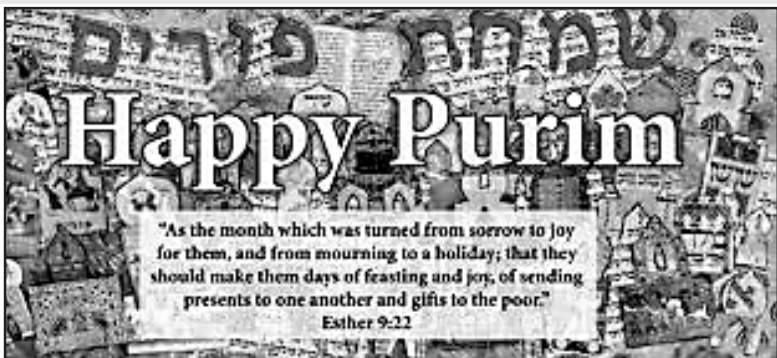


**Jewish Theology Survey**

Tuesdays in February  
 B'nai Zion is excited to offer a 4-part survey of Jewish theology in honor and memory of Rabbi Neil Gillman, z'l. Beginning with February 13 and 27th, we will meet on Tuesdays to discuss topics such as God and Israel, Revelation/Halakhah (Jewish Law), Eschatology, and more! Come participate in a thought-provoking conversation on Judaism.



Rabbi Naomi Levy's latest book, *Einstein and the Rabbi: Searching for the Soul*, takes the reader on a journey grounded in interconnectedness. Divided into four sections (Searching for the Soul; Tapping into the Life Force: the Key to Action and Vision; Listening to the Love Force: the Key to Intimacy and Uncovering your Calling; and Welcoming the Eternal Force: the Key to your Higher Knowing) allows for four monthly meetings (one a month). Check the BZ Voice or contact Rabbi Tandler for dates, times, and locations.



**Purim Megillah Reading and Celebration**

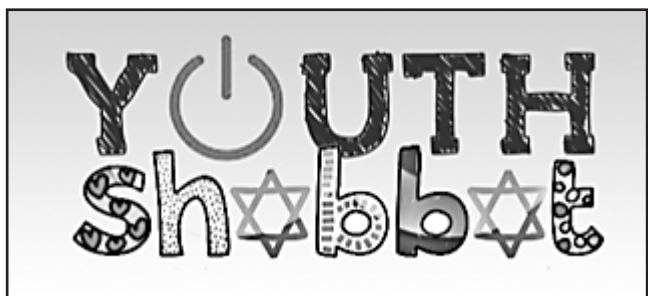
Wednesday, February 28th at 6:30 pm  
 Megillah reading, costumes, delicious food, libations for all, Hamentaschen, fun games, and more! Come dressed as your own interpretation of Queen Esther, Mordechai, King Achashverosh and Haman. RSVP to the BZ office.



**Hazak (55+) Appraise-A-Thon**

Thursday, February 22nd at 2:00 pm  
 Do you have antiques lying around your house? Do you think they could be worth something? Come find out! Bring in your antiques to get them evaluated! A certified appraiser will be at B'nai Zion to inspect and place a value on whatever you can bring in. Contact Marilyn Goler (mgoler5@gmail.com) with any questions you may have. We hope to see you there!

**February 10**



**Youth Programming**  
 February BSI Dates

All BSI times are 4:30 pm to 6:30 pm unless otherwise marked

- Wednesday, February 7
- Wednesday, February 14
- Wednesday, February 21
- Wednesday, February 28 (Erev Purim - Purim Evening Event)
- Youth Services - Saturday, February 10th at 10:00 am

StandWithUs event, led by our very own Murray Lebovitz, is Sunday, February 18th at 1:00 pm. We are incredibly proud of our CHOOUSY and Kadima chapters for joining together for a Social Action/Tikkun Olam program in honor of the Weiss Family, raising money for the Ramah scholarship fund set up in their honor and memory.



**Contact Information:**

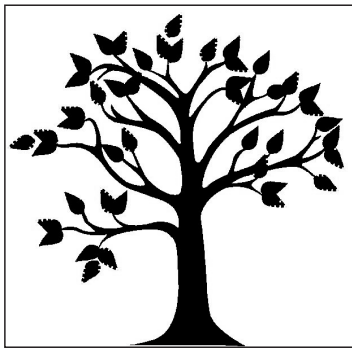
(423) 894-8900  
 office@bzcongregation.com  
 www.bnaizioncongregation.com

# CHABAD OF CHATTANOOGA



Chabad  
of Chattanooga

Rabbi Shaul Perlstein



## What the Trees Can Teach Us

On the 15th of Shevat, we celebrate the New Year for Trees. Since the Torah compares man to “a tree of the field,” we’ve collected nine lessons that we can learn from trees.

### 1. Always grow towards the light

As we go through life, we must always move towards holiness and light, reaching ever higher for that which is beyond us (Talmud Berachot 48a).

### 2. Even the smallest scratch can have lasting effects

A seemingly small scratch on a young sapling can leave a lasting scar on the fully grown tree. Think, then, about how critical the formative years are—and how careful we must be when educating our children.

### 3. Grow deep roots

As we grow, we must remain connected to our source—G-d. How do we bind to G-d? By doing mitzvahs. The word mitzvah is a cognate of tzavta, “attachment”; when we perform a mitzvah, we are creating a bond with the One who gave us the commandments. The Mishnah says: “One whose deeds are greater than his wisdom, to what is he compared? To a tree with many roots and few branches, which all the storms in the world cannot budge from its place (Avot 3:17).”

### 4. Provide refuge for others

Just as a tree selflessly provides shade and shelter, be a source of comfort for others and provide resources for those in need.

### 5. Grow sweet fruits for others to enjoy . . .

Beyond providing shade, a tree also bears fruit. Proactively reach out to others; bring sweetness and sustenance into their lives. . . even if it takes many years for the seeds you sowed to come into their own. Choni Hama’agal once met an elderly man planting a carob tree. “Tell me,” Choni asked the old man, “how long does it take for this tree to bear fruit?” “It takes 70 years,” the man answered. Surprised, Choni ask him, “Do you think you will live 70 more years to eat fruit of this tree?” “I found carob trees in this world,” the old man replied. “Just as my ancestors planted trees for me, so do I plant trees for those who will follow me.” (Ta’anit 23a)

### 6. Let your leaves return to the earth

Just as the leaves of a tree fall to the earth to enrich the soil, we must give back to the world to sustain others.

### 7. Be supple in the wind

Only a tree that can bend in the wind will survive a storm. Likewise, we must be accepting of what G-d sends—never breaking or giving up hope.

### 8. Grow stronger through your life experiences

Just as the rings of a tree record its growth—through years of drought and rain, fire and calm—so, too, must we continue to grow, always adding another level of wisdom learned from the vicissitudes of life.

### 9. Be impactful

Trees don’t only provide immediate benefits like shade, wood, and food; they enrich the ecosystem, filter the air, and give off oxygen. Make a lasting impact on the world. Sources

From Chabad.org. Some of the content here was adapted from these articles: *A Tree’s New Year Resolution* and *What I Learned from a Tree*.

## Camp Gan Israel



As part of the largest and fastest growing network of Jewish day camps in the world, Camp Gan Israel enjoys a well-earned reputation as a trend setter with innovative ideas, creative programs and new activities.

The Camp Gan Izzy staff are renowned for their dedication and love for their campers. Campers thrive in the fun, upbeat camp atmosphere, making friends, gaining confidence, and developing a positive self-image. At Gan Israel every child is a gem.

At CGI, the schedule is unmatched! Our famous blend of swimming, trips, arts sports combine for a summer of adventure to remember. Join us for an unforgettable two-week program - a summer experience that lasts a lifetime.

We Brighten these cold short days with a picture of last years camp. Your child can be part of this too Go to [www.Jewishchatt.com/camp](http://www.Jewishchatt.com/camp) for more information.

## The Menorah Car Parade and Chanukah On Ice

Chanukah on Ice was truly a spectacular event! A special thanks to the dignitaries for their attendance and inspiring words. There was a feeling of Jewish unity and pride as 25 menorah-topped cars drove, escorted by police, through the streets of Chattanooga. We kindled the beautiful ice menorah and skated around the rink to Chanukah music. Of course, sufganiot and latkes were enjoyed by all.



# HADASSAH NEWS



## Hadassah Happenings

by Cathryn Cohen  
Chapter Reporter



Winter Break is over, holiday and New Year's celebrations are over, and our calendar of upcoming events is filled to the brim! No matter what interests

you, there's sure to be something you and your family and friends will find appealing. First, though, let's look back to January 6, to Hadassah's annual dinner at the Room In The Inn, organized by Vicki Lewis. You'll find some pictures of some of the yummy food, at right. Poor Vicki was struck down by that flu, but we had a wonderful volunteer who jumped right in to help make the dinner a fabulous success: Vicki's daughter, Life Member Alexis Street. Thank you, Alexis, for your warm Hadassah heart and helping hand. You were great!

Another new event was held on Sunday, January 21st. Hadassah and the Federation co-sponsored a panel discussion and presentation starring Beverly Coulter, Erikka Hill, Dr. Lisa Schubert, O.T., Dr. Nicole Berger, P.T. and Ed and daughter Cady Jones, owners of Nutrition World. We learned so much about how we can help ourselves feel better, live longer, and stay safer without prescription drugs. Not only was it fascinating but the fellowship and sisterhood were wonderful as well.

As many of us grow "more mature," we often have many complaints about pain or discomfort, relief for which isn't coming from our physicians or the myriad drugs and potions they throw at us. The most common of these complaints are fatigue; weight loss/obesity; chronic inflammation; gluten sensitivity; bloating /constipation; problems with balance/frequent falls; hand and wrist weakness; osteoporosis/osteopenia--and oh so many more. "Mirror, Mirror on the Wall, I've Become My Grandmother After All!" Whoever would have thought it would happen to us? But we got great advice about what we can do about these problems.

Another great day of fun was January 28th at Mizpah Congregation. We participated with Machanooga, the congregational Sunday religious school, in celebrating Tu B'Shevat, the New Year for Trees, also known as Israel Arbor Day. Religious school parents had a chance to purchase Jewish National Fund (JNF) tree certificates. It's never too late to buy a certificate, though. They cost \$18 per tree and may be given in recognition of any life cycle event or other personal achievement. They're also a thoughtful way to help friends who've lost a loved one mark the loss. Tree certificates support Israel's reforestation projects and soil restoration after fires. You may purchase them by contacting Millie Lander.

Be sure to "Save the Dates" for these upcoming events: Hadassah will be hosting a great dinner and oneg at Mizpah Congregation on Friday, March 2nd. The Great Chef Extraordinaire, Sandy Tabakin, is chairing this event, so don't wait too long to get your RSVP in. Save the date now and more information will be coming. The food is always terrific when Sandy's in charge! We'll be honoring nurses and other medical providers, including a D'Var Torah by shlichah Chen Dahan, who will explain the relationship with Hadassah's 100 year anniversary (marking the number of years we've provided such care in Israel). Sandy will be organizing services with the help of chapter members and support of Rabbi Craig Lewis. Send your RSVP to Mizpah.

We're also looking forward to another program co-sponsored with the Federation on Sunday, March 4th at 6:00 p.m. Avi Weinryb, Assistant Director, Community Strategy and Communications of the Israel Action Network, will be the featured speaker. This Advocacy program will be quite interesting and fun. Be sure to make your reservations with the Federation.

Also coming up is our chapter's bi-annual Donor Luncheon on April 8th from noon to 2:00 p.m. Save the date and keep your ears and eyes open for more details. The speaker, Joy Feldman, a nutrition coach and humorous entertainer, will join us as part of the program. She'll be speaking about a favorite subject, "Every Bite Counts," which follows last year's topic, "Every Step Counts." Contact Carla Morrow, Paula Israel, Lily Dropkin, or Millie Lander for more information. So lots of fun and learning are in the planning stages for Hadassah and we entreat you to join us for all of these fulfilling and interesting programs.

Finally, Hadassah Southern Region is providing a great way to travel on a Hadassah Mission and raise funds for our chapter as well. We have until February 18th for one lucky member to buy a ticket(s) for \$36 each and enter a drawing to win a trip. Tickets will be drawn at the Region Board Meeting in Birmingham and you don't even have to be present to win! If you've already signed up for a 2018 Mission and you win, any monies you've already paid, including deposit, will be reimbursed. Also, if you win but can't go, you may

gift another Hadassah member with the trip. You may enter as many times as you wish to increase your chances of winning and our chapter gets credit for every one of our entries. There will be ONE name drawn! Make your checks payable to Hadassah with "Mission Trip Fundraiser 2018" written in the memo. Check with Judy Sachsman for an entry form, complete it and send the form and your check to our incoming Region Treasurer: Laura Floyd, 1528 Fox Hollow Trail, Knoxville, TN 37923. Good luck and happy travels!



Above, and left, yummy food brought to our friends at Room in the Inn



Healthy Choices panel. Standing, Beverly Coulter and Judy Sachsman; sitting, l-r speakers Cady Jones, Ed Jones, Nicole Berger and Dr. Lisa Schubert. Not pictured, Federation Social Services Director Erricka Hill

As always, we have great gift ideas for Life Cycle events or "Just For Instance" that are perfect to support Hadassah and Young Judaea as well. Jewelry and Certificates can be just the right thing.

Still new on the scene is the Endless Beginnings pendant that supports medical research at Hadassah Medical Center. These beautiful pendants can be purchased for \$150. Bangle charm bracelets support our Young Judeans and Camp Judaea facilities. Charms include the Young Judaea lion, hamsa and Star of David. (Visit Hadassah.org to see these.) Purchase one for \$25, two for \$48 or three for \$70.

You can also always buy Hadassah Certificates for \$18, \$25, \$36 or \$50. For all jewelry and certificates, contact Millie Lander. To purchase cards for any occasion, contact Paula Israel.

**Want to raise some more awareness?  
Like Hadassah on Facebook, follow us on Twitter  
and find us on Pinterest.  
Remember, we don't just stand for the  
Power of Women Who Do, we have  
"The power of women to change the status quo."**

# FEDERATION BULLETIN BOARD

## ***The Shofar***

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Austin Center, Board Chair  
Michael Dzik, Executive Director  
Dana Shavin, Editor

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## **JEWISH FEDERATION OF GREATER CHATTANOOGA**

**Mailing Address:** P.O. Box 8947 Chattanooga TN 37414  
**Street Address:** 5461 North Terrace Road Chattanooga TN 37411

**Phone:** (423) 493-0270

**Fax:** (423) 493-9997

**Web:** [www.jewishchattanooga.com](http://www.jewishchattanooga.com)

**-Chen Dahan (Federation shlichah); ext. 31; cell 385-0098**  
[Israel@jewishchattanooga.com](mailto:Israel@jewishchattanooga.com)

**-Michael Dzik (Executive Director), ext. 15; direct: 893-5443**  
[mdzik@jewishchattanooga.com](mailto:mdzik@jewishchattanooga.com)

**-Alice Goss-Morgan (Kitchen Supervisor), ext. 12**

**-Meghan Graybeal (Aleph Bet Children's Center Director), ext. 19;**  
**direct: 893-5486** [alephbet@jewishchattanooga.com](mailto:alephbet@jewishchattanooga.com)

**-Erricka Hill, MSW (Social Services Director), ext. 16**  
[ehill@jewishchattanooga.com](mailto:ehill@jewishchattanooga.com) direct: 893-9241

**-Rick Jacobs (Van Driver) 432-2222**

**-Annette McJunkin (Office Manager), ext. 14**  
[amcjunkin@jewishchattanooga.com](mailto:amcjunkin@jewishchattanooga.com)

**-Courtney McKenzie (Receptionist/Admin. Assistant), ext. 10**  
[federation@jewishchattanooga.com](mailto:federation@jewishchattanooga.com)

**-Edie Redish, RN (Community Nurse) (423) 682-1401**  
[nurse@jewishchattanooga.com](mailto:nurse@jewishchattanooga.com)

**-Eddie Reel (Van Driver) (423) 298-7169**

**-Aaron Russell (Operations) contact Annette McJunkin**

**-Dana Shavin, MS (Communications Dir./Shofar Editor), ext. 30**  
[dshavin@jewishchattanooga.com](mailto:dshavin@jewishchattanooga.com)

**-Jason Shuman (Van Driver) (423) 320-1480**

**-Ann Treadwell, MFA (Program Director), ext. 13**  
**email:** [atreadwell@jewishchattanooga.com](mailto:atreadwell@jewishchattanooga.com)

**Austin Center (Federation Board Chair), (423)933-3533**  
**email:** [boardchair@jewishchattanooga.com](mailto:boardchair@jewishchattanooga.com)

## **Jewish Federation Mission Statement**

The Jewish Federation of Greater Chattanooga builds and fosters a strong unified Jewish community and strives to ensure its well-being and continuity locally, in Israel, and throughout the world.

## **Jewish Cultural Center Statement of Purpose**

The Jewish Cultural Center, funded by the Jewish Federation of Greater Chattanooga, is a venue for programs, classes, and exhibits; social services; and a preschool—all rooted in Jewish values. The facility enables the Jewish community to raise its visibility, foster relationships, and strengthen its identity in the Chattanooga area.

## **Shofar Policies and Procedures**

### **Article/Advertising Deadline**

The deadline for *Shofar* articles, announcements, photos and advertising is the 8th of the preceding month. Submit articles via email to *Shofar* editor Dana Shavin at [dshavin@jewishchattanooga.com](mailto:dshavin@jewishchattanooga.com). Photos should be e-mailed as high resolution (300 dpi) jpeg files. Hard copies of photos will be returned once they are scanned and the issue has gone to press.

### **The Shofar calendar**

The Federation maintains an online calendar for the community that includes congregational events, social activities, special services and celebrations. Contact Courtney McKenzie at the Federation (493-0270, ext. 10; [federation@jewishchattanooga.com](mailto:federation@jewishchattanooga.com)) before scheduling your event and/or to add your date to the calendar. View the online calendar by visiting [www.jewishchattanooga.com](http://www.jewishchattanooga.com) and clicking the calendar tab.

Only Jewish Federation and Federation-sponsored events are listed on the *Shofar* calendar, which appears on the inside back page of each issue.

### **Letters to the Editor**

It is the policy of *The Shofar* to encourage letters to the editor. For a letter to be published, it must be signed. The writer's name will be printed. Letters may be edited for length and are selected for publication at the discretion of the editor. Letters should be no more than 200 words.

### **Mazel Tovs and Condolences**

Please contact Dana Shavin (or [dshavin@jewishchattanooga.com](mailto:dshavin@jewishchattanooga.com) or 493-0270, ext. 12) with information regarding mazel tovs and condolences. Whenever possible, dates of death will be printed. These announcements are accepted until the 20th of the month.

Articles about upcoming Bar/Bat Mitzvahs, weddings and other special events are featured on the Community Lifecycles page. Text and photo must be provided in accordance with *Shofar* deadline on the 8th of the month preceding the issue.

### **Corrections**

Please contact *Shofar* editor Dana Shavin if you find an error in *The Shofar*. We aim for accuracy.

### **Community Directory Updates**

If you have updates/corrections to the community directory, please contact the Federation at [federation@jewishchattanooga.com](mailto:federation@jewishchattanooga.com) or 493-0270, ext 10. You can also make corrections at our website, [jewishchattanooga.com](http://jewishchattanooga.com).

# February 2018 Shevat/Adar 5778

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30 Tuesday Cafe Noon, JCC	31	1 Newcomers Event Flying Squirrel 5p.m.	2 Candle Lighting 5:53	3 Candle Lighting 6:51
4	5	6 Tuesday Cafe Noon, JCC	7	8	9 Candle Lighting 6:00	10 Chai Nite 7:30pm, JCC Candle Lighting 6:58
11 Machanooga MZP	12	13 Tuesday Cafe Noon, JCC	14	15	16 Candle Lighting 6:07	17 Candle Lighting 7:04
18	19 Foreign Policy Supper Club 6pm, JCC	20 Tuesday Cafe Noon, JCC	21	22 Community Trivia Night 7pm, JCC	23 Jew Crew Retreat Weekend Candle Lighting 6:13	24 Jew Crew Retreat Candle Lighting 7:10
25 Machanooga MZP Jew Crew Retreat	26	27 Tuesday Cafe Noon, JCC	28	1	2 Candle Lighting 6:20	3 Candle Lighting 7:22

For an up-to-the-minute version of a calendar that displays events for all Jewish community organizations, click the Community Calendar tab on the homepage of [www.jewishchattanooga.com](http://www.jewishchattanooga.com). The Shofar calendar lists only Jewish Federation and Federation-sponsored events.

## Key January Federation Dates

**Thursday, February 1**  
Newcomers Event  
**Tuesdays, February 6, 13, 20, 27**  
Tuesday Cafe  
**Saturday, February 10**  
Chai Nite  
**Monday, February 19**  
Foreign Policy Supper Club  
**Thursday, February 22**  
Community Trivia Night

## Calendar Abbreviation Key

**AB** Aleph Bet Children's Center  
**CJCRS** Chattanooga Jewish Congregational Religious School  
**JCC** Jewish Cultural Center  
**YJL** Jewish Federation Young Jewish Leadership  
**P2G** Partnership 2Gether

**Breaking News!**

You can now update your contact information for the Directory by going to the website! Simply go to <https://www.jewishchattanooga.com/directory> and follow the yellow brick road (so to speak). It's so easy!

This issue was mailed on or before January 24th.  
Please contact your mail carrier or local postmaster if you did not receive it promptly.

The Shofar is online at the Federation website.  
Go to [Jewishchattanooga.com/Shofar](http://Jewishchattanooga.com/Shofar)  
The online Community Calendar is current.

Please see page 18  
for Shofar policies and procedures.



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- Insect Sting Allergy

BACK ROW: Shandra Burnett, FNP; Christy Kensey, FNP; Brittany Hamby, FNP; Linda Melton, FNP;  
Donna Bearden, FNP; Shannon Hayes, FNP; Honor Hightshue, FNP  
FRONT ROW: Hyman Kaplan, MD; Lee Perry, MD; Marc Cromie, MD; Todd Levin, MD; Jennifer Patel, MD



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